

# Introduction to TeamGym



TeamGym info session

Luxembourg (LUX)

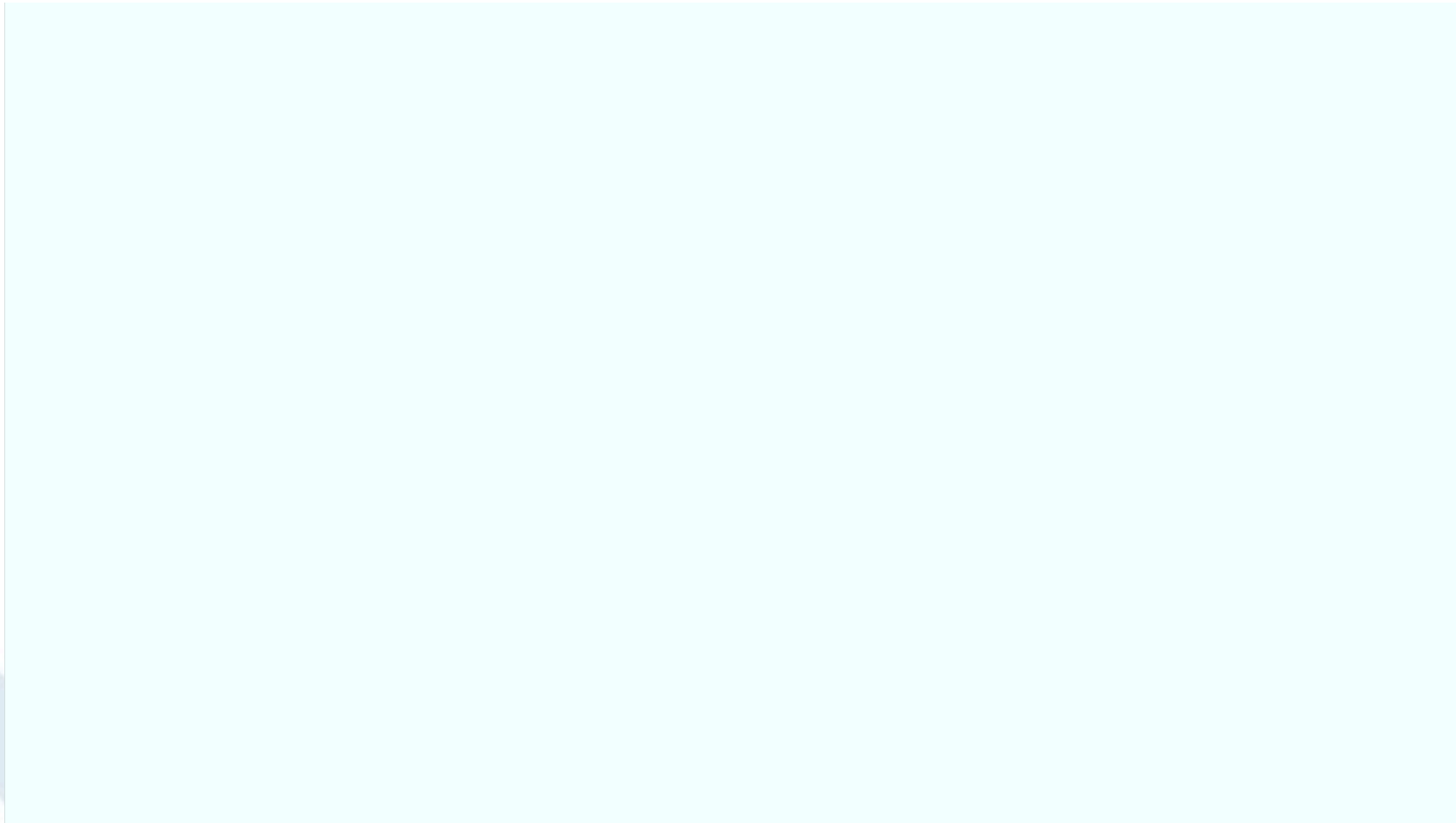
November 17<sup>th</sup>-18<sup>th</sup>, 2018

# Introduction to TeamGym



- What is TeamGym
- Three apparatus
  - Floor
  - Tumble
  - Trampet
- How to grow the sport
- TeamGym spirit

# What is TeamGym?





# TEAMGYM







# ABOUT TEAMGYM



Team Sport

Men's teams, Mixed teams, Women's teams

From 8 to 10 gymnasts per team

Competitive discipline

3 apparatus – Floor, Trampet and Tumble

# TIMELINE



1996

1st EuroTeam  
Championships  
Jyväskylä / FIN



2006

Creation of the TeamGym  
Technical Committee at  
the UEG



2016

11th European TeamGym  
Championships  
Maribor / SLO

# FLOOR

The whole team  
performs the floor

2:15 – 2:45 min

Floor size: 14m x 16m





# TRAMPET

6 gymnasts

3 rounds



# TUMBLE

6 gymnasts

3 rounds







# GROWTH IN EUROPE

Federations

18

Clubs

~ 650

Gymnasts

~ 50'000

24% increase on the number of  
teams since the ECh 2014







# OUTSIDE EUROPE

United States of America

Australia

New Zealand







# OUTSIDE EUROPE

United States of America

Australia

New Zealand







# CODE OF POINTS & JUDGES

Code of Points 2017 - 2021

75 UEG Brevet judges



